

ENJOY THE JOURNEY

SOARING UP..LEARNERS TODAY, LEADERS TOMORROW

What Students Learned Last Month In Guidance:

December was a short month with the Christmas Break. Students learned about Thankful/Giving SPOT, Gratitude and Friendships. We also played some different versions of Christmas BINGO the last week of school where students learned about some different traditions that happen around this time of year in other parts of the world.



Ms. Howson attempted to dress up for each of the Christmas theme days, and for the most part I did.

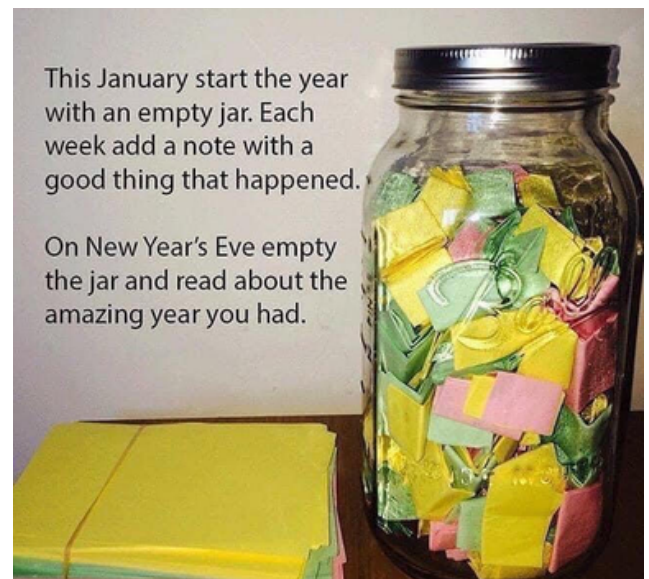


My son & I (along with our 2 dogs) took a road trip back home to Oklahoma for the break to spend with family.



Need a Routine Idea?

This is a great visual reminder idea that I actually used with my son in his Elementary/Middle School years. It saved a lot of reminders, arguments, and overall helped his routine that has carried over into his High School years now (without the colored clock now of course).



This January start the year with an empty jar. Each week add a note with a good thing that happened.

On New Year's Eve empty the jar and read about the amazing year you had.

What will be going on in Guidance Class:

All Guidance lessons meet the ASCA Mindsets & Behaviors Guidelines.

If you would like to know more specifics about any lessons please feel free to reach out to me.

- HAPPY (Yellow) SPOT!
- Sportsmanship/Teamwork Skills
- Responsibility
- PAUSE! Stop & Thinking First
- Making Good Choices
- Accountability

CHECK OUT THE VLE WEBSITE FOR MORE INFORMATION

https://vles.ncmcs.org/parents/school_counseling